

FRESH QUALITY MEATS



HARRIS BEEF

Harris Ranch Fresh Beef Back Ribs
Meaty & Lean

4.99 Lb.



Spencer's German Sausage
Our Own Recipe
Perfect for Oktoberfest!

6.99 Lb.



Prairie Fresh Natural Pork Sweet & Sour Style Pork Ribs
Tender & Flavorful

4.99 Lb.



Prairie Fresh Natural Pork Tenderized Pork Cutlets
Perfect for Schnitzel

4.99 Lb.



Smart Chicken Boneless Skinless Chicken Breasts
Air-Chilled

6.99 Lb.



Bar-S Sliced Bacon
12 oz. Pkg. • Chilled
Regular or Thick

5.99 Pkg.

HARRIS RANCH BEEF



Harris Ranch Sliced Beef Back Ribs
Lean & Meaty

6.99 Lb.



Harris Ranch U.S.D.A. Choice Angus T-Bone Steaks
Tender Natural Beef

9.99 Lb.



Harris Ranch U.S.D.A. Choice Angus Porterhouse Steaks
Tender Natural Beef

10.99 Lb.



Harris Ranch U.S.D.A. Choice Angus Boneless Beef Stew Meat
Tender Natural Beef

5.99 Lb.

SEAFOOD SELECTION



Fresh!
Atlantic Salmon Fillets
Rich in Omega-3 Fatty Acids

9.99 Lb.



Fresh!
Wild Caught Ling Cod Fillets
Great for Fish & Chips

7.99 Lb.



Easy-Peel Jumbo Raw Shrimp
Under 15 Count per Lb.

7.99 Lb.



9-Count Matlaw's Stuffed Scallops
18 oz. Pkg. • Frozen

8.99 Pkg.

STOCK UP ON FAVORITES you Love!

SPECIAL HANDLING COUPON

SAVE \$2.00

when you Purchase ANY FOUR (4) or more GENERAL MILLS® Products in a single shopping visit between 10-16-24 and 10-22-24.

#9621

This coupon will only be redeemed by this store. CONSUMER: No other coupons may be used with this coupon. Consumer pays any sales tax. Cash value 1/100 cent.

RETURN TO UNFI COUPON SERVICES

BUY 4 SAVE \$2 BUY 4 SAVE \$2

Your Choice!

4.49*

General Mills Large Size Cereal
• Cheerios • Trix • Lucky Chams • Cocoa Puffs • Cinnamon Toast Crunch

12-16.2 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **4.99**

Your Choice!

3.99*

Nature Valley Granola Bars
• Crunchy • Water • Protein • Fiber One

5.85-8.94 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **4.49**

Your Choice!

3.49*

Betty Crocker Fruit Snacks
• Fruit Roll-Ups • Fruit by the Foot Gushers • Mott's

4.5-5 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **3.99**

3.19*

Betty Crocker Complete Pancake Mix
57 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **3.69**

5.49*

Bisquick Original Baking Mix
40 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **5.99**

4.49*

Gold Medal All Purpose Flour
5 Lb. Bag
*with Coupon
Sale Price - **4.99**

1.79*

Betty Crocker Cake Mix
13.25-14.25 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **2.29**

2.79*

Betty Crocker Supreme Brownie Mix
16.5-17.8 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **3.29**

2.99*

Betty Crocker Cinnamon Toast Crunch Coffee Cake Mix
14.8 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **3.49**

3.19*

Betty Crocker Complete Pancake Mix
57 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **3.69**

1.79*

Betty Crocker Cake Mix
13.25-14.25 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **2.29**

2.79*

Betty Crocker Supreme Brownie Mix
16.5-17.8 oz. Pkg. Selected Varieties
*with Coupon
Sale Price - **3.29**

1.99*

Betty Crocker Ready-To-Spread Frosting
12-16 oz. Tub. Selected Varieties
*with Coupon
Sale Price - **2.49**

2.49*

Progresso Soup
• Traditional • Light • Rich & Hearty • Vegetable Classics • Reduced Sodium

18-19 oz. Can. Selected Varieties
*with Coupon
Sale Price - **2.99**

SODA SAVINGS



La Croix 8-Pack Sparkling Water
12 oz. Cans • Selected Varieties

3.99 +CRV



Shasta 12-Pack Soft Drinks
12 oz. Cans • Selected Varieties

4.99 +CRV



7-Up Family 6-Pack Soft Drinks
7.5 oz. Mini Cans • Selected Varieties

3.99 +CRV



7-Up Family 12-Pack Soft Drinks
12 oz. Cans • Selected Varieties

6.99 +CRV

DELI DELIGHTS



Yoplait Yogurt
4-6 oz. Cup • Chilled
Selected Varieties

79¢



Planet Oat Oatmilk
52 oz. Carton • Chilled
Selected Varieties

3.49



Gold Rush Shredded or Chunk Cheese
8 oz. Pkg. • Chilled
Salted or Unsalted

2\$5 FOR



Oscar Mayer Deli Fresh Lunch Meat
16 oz. Pkg. • Chilled
Selected Varieties

6.99